

CHILDREN'S HOME SOCIETY OF CALIFORNIA

Family Child Care Home Education Network (FCCHEN)
Parent and Provider Resource: Activities for Distance Learning

Poetry and Rhymes

The following activity will support your child's learning while they are at home. Talk to your child and ask questions as you play. As your child listens to you, your child builds language and social skills, further reinforcing the concepts you are teaching. Match activities to your child's favorite books, songs, or toys to make them more meaningful learning experiences. Visit our website at www.chs-ca.org and click on the News and Events tab for more learning resources.

TODDLERS - Activity: Zoom to the Moon

What you need:

- Optional: a large cardboard box, laundry basket, or small rug can be the rocket ship
- Adapted from [All Nursery Rhymes](#)

What to do:

- This is a rhyme that toddlers can act out with you
- If you wish, you can use a large cardboard box, laundry basket, or small rug as a rocket ship. If you use a box or basket, you can gently push it so your toddler's rocket ship moves
- Chant the following rhyme using your voice, facial expressions, and gestures. Suggested gestures are in parentheses, but you can make up your own: *Zoom, zoom, zoom* (hold your arms out and move like a plane), *we're going to the moon* (look up and point to the sky). *If you want to take a trip, climb aboard my rocket ship* (help your toddler climb into the box or basket, or step up and onto the rug, or just pretend to climb in a rocket ship). *Zoom, zoom, zoom* (hold your arms out and pretend to fly like a plane), *we're going to the moon. 5, 4, 3, 2, 1 - Blast off!* (as you count down crouch closer to the floor and then jump up with your arms above your head to blast off)
- Repeat the activity several times during the week

What the activity does:

- Introduces new vocabulary by connecting words with actions
- Practices the sounds of language
- Builds relationships
- Develops understanding of rhyming words and patterns
- Supports muscle development through physical activity

