

# CHILDREN'S HOME SOCIETY OF CALIFORNIA

Family Child Care Home Education Network (FCCHEN)  
Parent and Provider Resource: Activities for Distance Learning

## Supporting Children During Transitions

The following activity will support your child's learning while they are at home. Talk to your child and ask questions as you play. As your child listens to you, your child builds language and social skills, further reinforcing the concepts you are teaching. Match activities to your child's favorite books, songs, or toys to make them more meaningful learning experiences. Visit our website at [www.chs-ca.org](http://www.chs-ca.org) and click on the News and Events tab for more learning resources.

## PRESCHOOL - Activity: Transition Games

### What you need:

- Transition object of your choice: hat, funny glasses, musical instrument, or tote bag

### What to do:

- Give children advance notice that a transition is coming up. You can say, "It's almost time to eat. You have a few minutes left and then we will be washing our hands." Offer children the option to save what they are working on and explain that they can come back to it later
- Demonstrate enthusiasm as you use one of the following ideas:
- Non-verbal Game: Go to each child and whisper, "Let's see if we can clean up without making a sound." Encourage children to use gestures to communicate and tip-toe as they clean up. Those who can do it without any sound can choose the books or music for the group
- Music: Use a special drum or other instrument to signal a transition. Ask children to dance behind you like a parade to the next activity or location (going outside/inside)
- Special Hat: Put on a funny hat to signal it's time to clean up or gather together. "I've got my hat on, and I'm ready to go. Are you?"
- Inspection Glasses: Use special decorated glasses to inspect children's work. "I spy with my special glasses that some of these shelves are missing toys. Where could they be?"
- Guess What's Inside: Use a decorative tote bag to hold the day's books or special activity. Walk around as you say, "I wonder what could be in my bag today? Come follow me and see." When children join you ask them to guess what is inside, and then pull one item out at a time as you use it

### What the activity does:

- Practices self-control
- Encourages collaboration
- Develops ability to understand and follow directions
- Introduces vocabulary through conversation
- Builds a sense of community



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