

# CHILDREN'S HOME SOCIETY OF CALIFORNIA

Family Child Care Home Education Network (FCCHEN)  
Parent and Provider Resource: Activities for Distance Learning

## Supporting Children During Transitions

The following activity will support your child's learning while they are at home. Talk to your child and ask questions as you play. As your child listens to you, your child builds language and social skills, further reinforcing the concepts you are teaching. Match activities to your child's favorite books, songs, or toys to make them more meaningful learning experiences. Visit our website at [www.chs-ca.org](http://www.chs-ca.org) and click on the News and Events tab for more learning resources.

## TODDLERS - Activity: Sing with Me

### What you need:

- Items related to the type of transition such as: bottle, blanket, toy, diaper, etc.
- Learn more about transitions for toddlers [here](#)

### What to do:

- Allow time for transitions in your schedule. Toddlers sometimes need extra time to stop doing an activity they are really interested in, or require several reminders because they are still developing their attention span
- Advance notice and short rhymes or songs can help engage toddlers and move them through transitions
- Start by giving toddlers visual cues that a change will be taking place. For example, if it is almost time to eat, then you can start setting the table. If it is almost time to go somewhere, you can place a diaper bag next to the front door
- Combine visual cues with verbal descriptions such as, "I'm going to set the table because it is almost time to eat," or, "It's almost time to go to grandpa's house. I'm going to start getting ready (place bag near door)." Then say directly to the toddler, "It's almost time to eat / leave"
- Try singing one of the following songs to the tune of the [Happy Birthday](#) song
- Cleaning up: "Let's do something new, I can clean up; can you? Let's do this together, and in no time we're through"
- Time to leave: "I know this is fun, but now we are done, smile and wave at our friends, we'll come back again"
- Healthy choices: We brush our teeth every day, wash our hands after play, eat good food and sleep well, taking care of ourselves

### What the activity does:

- Prepares toddlers for transitions
- Introduces vocabulary
- Builds cooperation
- Promotes independence



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